

# JKF WADOKAI KYU SHIN KAN

SOMMARLÄGER

## Summer Camp Ellös 3-7 July 2019



ELLÖS 3-7 JULI 2019





# WADOKAI SUMMER CAMP ELLÖS SWEDEN

- When:** Wednesday the 3<sup>rd</sup> of July to Sunday the 7<sup>th</sup> of July.  
We are gathering at Ellös' sport hall at 17.30 on Wednesday the 3<sup>rd</sup>.  
**You will receive information about the camp and where you will sleep**
- Guest instructor:** Kuniaki Sakagami, 8<sup>th</sup> dan JKF, from England.  
Nobuyuki Nukina, 6<sup>th</sup> dan JKF, from Romania.
- Where:** Ellös' sports center.  
[www.vasttrafik.se](http://www.vasttrafik.se) for local transportation.
- Training:** Wednesday the 3<sup>rd</sup> of July 19:00 – 20:00  
Thursday the 4<sup>th</sup> of July 07:00 – 18:00  
Friday the 5<sup>th</sup> of July 07:00 – 18:00  
Saturday the 6<sup>th</sup> of July 07:00 – 18:00  
Sunday the 7<sup>th</sup> of July 07:00 – 12:00
- Dan grading:** There will be Dan examination up to 3 Dan
- Groups:** We divide into adults' groups and children's groups.
- Equipment:** Karate dress, training suit and running shoes, bathing suit/trunks, personal care, change of clothes, sleeping equipment and a ground sheet, since we sleep on the floor.
- Food:** Breakfast, lunch and dinner are served in Ellös' school 300 m from the sports centre.
- Admission fee:** 2500 SKr. (260 €) or 2000 SKr. (210 €) without food.  
The entry fee is 500 SKr. (50 €) and is paid in net when you register for the training camp.  
Forward your bank payment **in net**, to following bank account:  
Bank: Nordea  
Holder: Stenungsunds Karateklubb  
IBAN: SE40 9500 0099 6042 4664 7749  
BIC: NDEASESS (SWIFT code)  
19<sup>th</sup> of June at the latest.  
The entry fee is not refundable.
- Sleeping:** **We sleep in "Ellös Skola"** bring a sleeping bag and a mattress.  
You can also sleep at a youth hostel about 5 kilometers from Ellös

- Activities:** Ellös is located by the sea, and it is close to bathing and other recreations in the landscape. Special activities for the children are arranged.
- Application:** Send an application with your name and club and if you like to eat in Ellös' school. We need your application the 19<sup>th</sup> of June at the latest. Email your application to [summercamp@wadokaisweden.se](mailto:summercamp@wadokaisweden.se) or send it to:  
Stenungsunds Karateklubb  
c/o Thomas Leinfors  
Helgonagatan 14  
S-442 41 Kungälv  
Sweden
- Liability:** The organizers exclude any form of liability whatsoever.
- Contact:** If you have any questions, please contact Thomas Leinfors  
+46 (0)706780786 or send an email to [summercamp@wadokaisweden.se](mailto:summercamp@wadokaisweden.se)
- Useful links:** Maps:  
<http://www.multimap.com/>  
<http://kartor.eniro.se/>  
Information about Gothenburg:  
<http://www.goteborg.com/>  
West Coast Region  
<http://www.vgregion.se/en/Vastra-Gotalandsregionen/Home/>  
West Sweden  
<http://www.vastsverige.com/en/>  
The official gateway to Sweden  
<https://sweden.se/>  
Airport information  
<https://www.swedavia.com/landvetter/>